



# COASTAL DELAWARE PADDLING MAP

www.PaddleCoastalDelaware.com

Thanks to the University of Delaware Sustainable Coastal Communities Initiative for funding and sponsoring of this publication.

May 2021 Update

**▲ Prime Hook Visitors Center to Foord's Landing trail**  
 Zone: Prime Hook National Wildlife Refuge  
 Access points: Prime Hook Visitor Center **P** **H** **T** **S** Foord's Landing **P**  
 Length: 3.1 miles

This lay paddle through the marsh is a fun trip for observed and birds lovers. Tide is not a factor but wind and sun can be as this is an open area. More adventurous paddlers can take a jump up Prime Hook Creek to the west of Foord's Landing but be aware of the lack of access and stopping locations there.

**▲ Milton to McCabe Preserve trail**  
 Zone: Broadkill River  
 Access points: Milton Memorial Park **P** **H** **T** **S** Edward H. McCabe Preserve **P**  
 Length: 1.7 miles

Historic Milton is a great place to start this downstream paddle through untouched woodlands to the McCabe Preserve. The Preserve is an ideal spot for lunch but not ideal for put ins and take outs.

**▲ Oyster Roads to Lewes Boat Ramp trail**  
 Zone: Broadkill River  
 Access points: Oyster Roads **P** **H** **T** **S** Lewes Boat Ramp **P**  
 Length: 2.4 miles

This beautiful open paddle through Great Marsh Preserve is flanked on its eastern side by the beach. This makes for spectacular views whether sunset over the marsh or sunrise over the beach. Outgoing tide is ideal for this trip, and don't forget your sunscreen and mosquito spray.

**▲ Cape Henlopen State Park to Tower Road trail**  
 Zone: Cape Henlopen  
 Access points: Cape Henlopen State Park **P** **H** **T** **S** Tower Road **P**  
 Length: 4.1 miles

The open water paddle off Cape Henlopen works well in any wind direction, save a strong south wind. Paddlers can enjoy slipping to within feet of the shore and watching the birds and boats. This is a great area for a break at the halfway point at Lewes Beach before heading into the tower road area. Plan your trip for an incoming tide so you can go with the flow at Roosevelt Inlet.

**▲ Lewes Boat Ramp to Canalfront Park trail**  
 Zone: Lewes-Rehoboth Canal  
 Access points: Lewes Boat Ramp **P** **H** **T** **S** Canalfront Park **P** **H** **T** **S**  
 Length: 1.7 miles

This short but unique paddle through a suburban setting has lots to see from marsh to mansions and boats to bars. The end of this paddle is in the thick of the Lewes dining and shopping action so bring your wallet and an empty stomach.

**▲ New Road to Savages Ditch trail**  
 Zone: Rehoboth Bay  
 Access points: New Road **P** **H** **T** **S** Savages Ditch **P** **H** **T** **S** Massey's Landing **P** **H** **T** **S**  
 Length: 3.8 miles

This paddle along the east side of Rehoboth Bay is a dream for osprey and tern fans in the spring and summer. The open water keeps bugs at bay and the marsh is a great place to stop for lunch or a snack. Plan your trip for an incoming tide so you can go with the flow at Roosevelt Inlet. It's best to choose your starting point based on wind direction.

**▲ Cape Henlopen and Lighthouse Loop**  
 Zone: Cape Henlopen  
 Access points: Cape Henlopen State Park Fishing Pier **P** **H** **T** **S** Lewes Beach **P** **H** **T** **S**  
 Length: 4.1 miles

The open water paddle off Cape Henlopen works well in any wind direction, save a strong south wind. Paddlers can enjoy slipping to within feet of the shore and watching the birds and boats. This is a great area for a break at the halfway point at Lewes Beach before heading into the tower road area. Plan your trip for an incoming tide so you can go with the flow at Roosevelt Inlet.

**▲ Kent Avenue Launch to Strawberry Landing trail**  
 Zone: Assawoman Canal and Little Assawoman Bay  
 Access points: Kent Avenue Assawoman Canal Launch **P** **H** **T** **S** Strawberry Landing at Assawoman Wildlife Area **P** **H** **T** **S** Mulberry Landing **P** **H** **T** **S**  
 Length: 1.7 miles

This diverse challenge traverse marsh, farmland, subdivisions, and open bay before ending near the beach on Tower Rd. This is a lengthy haul, best for experienced paddlers. Come prepared for tide, wind, and moderate boat traffic during the summer. Take a break at Grove Park in Rehoboth and grab a snack at one of the many nearby alternate ending spots to Tower Rd.

**▲ Assawoman Recreation Area of Fenwick Island State Park (North) to Cannon Street Park trail**  
 Zone: Assawoman Canal and Little Assawoman Bay  
 Access points: Fenwick Island State Park (North) **P** **H** **T** **S** Fenwick Island State Park (South) **P** **H** **T** **S** Cannon Street Park **P** **H** **T** **S**  
 Length: 3.7 miles

This launch along the backside of the barrier island is wide open and full of wildlife. It's best to choose your starting point based on wind direction. You can launch from Strawberry Landing and back from Strawberry Landing to Moore Way.

**▲ Helms Landing to Kent Avenue trail**  
 Zone: Indian River Bay  
 Access points: Helms Landing **P** **H** **T** **S** James Farm Ecological Preserve **P** **H** **T** **S** Assawoman Canal Trailhead **P** **H** **T** **S** Kent Avenue Assawoman Canal Launch **P** **H** **T** **S**  
 Length: 6.8 miles

This paddle is of two worlds. The first half boasts rural, open bay with scenic vistas. Stop to eat your packed lunch at the James Farm to make your trip a 10-mile before slipping into the Assawoman Canal for the second half—a straight shot to Kent Avenue through a launch just off the north side of DE 26 on Tower Rd.

**▲ Strawberry Landing to Miller Creek trail**  
 Zone: Assawoman Canal Bay  
 Access points: Strawberry Landing **P** **H** **T** **S** Assawoman Wildlife Area **P** **H** **T** **S** Miller Creek **P** **H** **T** **S**  
 Length: 2.9 miles

This hike on the south side of Indian River Bay ends in the wildlife stronghold of the James Farm. Without a doubt, this is one of the best paddles in the Assawoman Canal Trailhead area. As such this trip is best done with a canoe or kayak provider or as a stop on the way south to the Assawoman Canal.

**▲ Miller Creek trail**  
 Zone: Assawoman Canal Bay  
 Access points: Assawoman Wildlife Area **P** **H** **T** **S** Cannon Street Park **P** **H** **T** **S** Strawberry Landing **P** **H** **T** **S** Miller Creek **P** **H** **T** **S**  
 Length: 2.9 miles

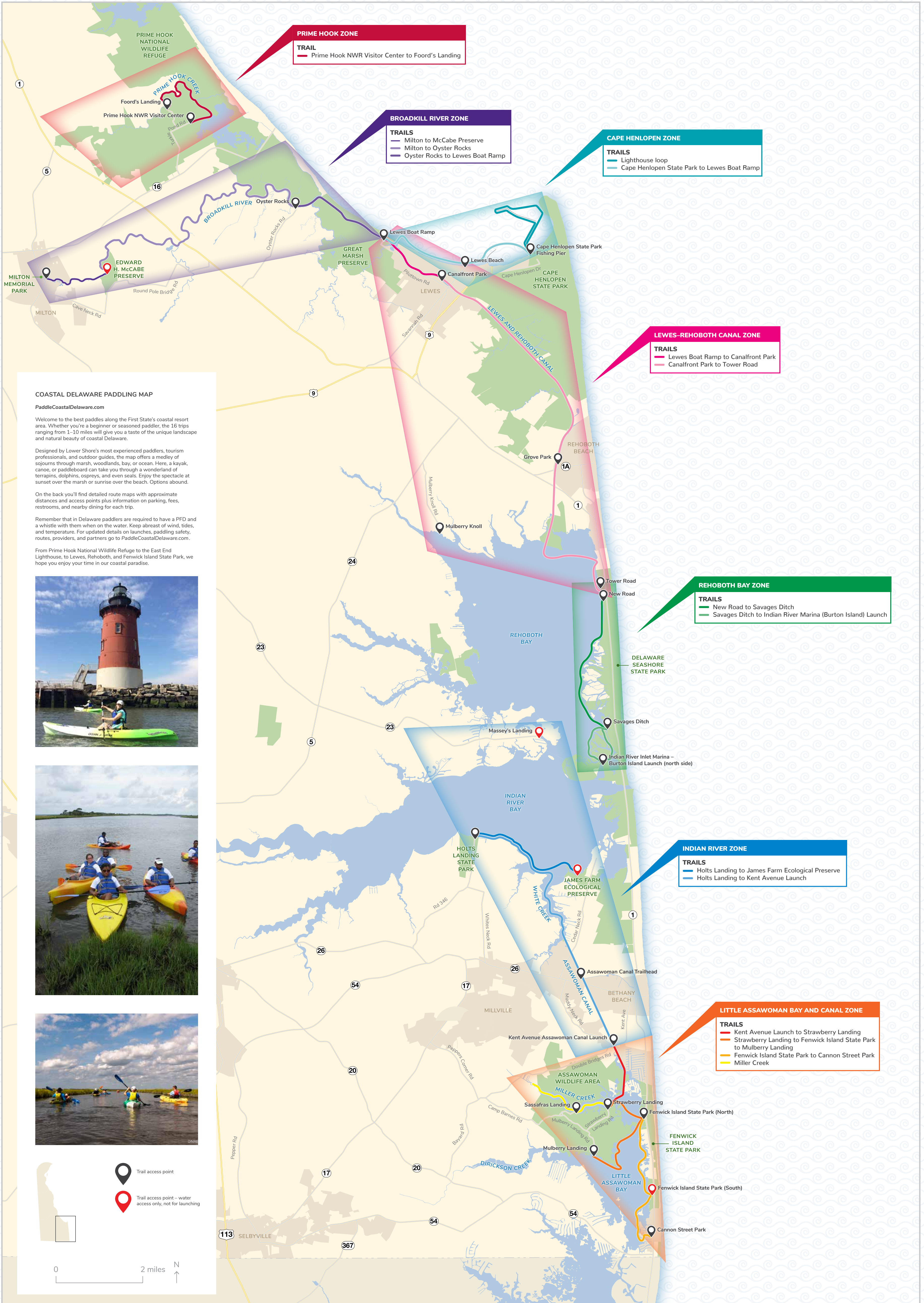
Use Strawberry Landing to explore Miller Creek. Ample grass and forest filled with wildlife. Check the tide as an up-the-creek paddle will be a tough row on an outgoing tide. Landing is not ADA accessible.

**▲ Assawoman Canal Bay area**  
 Access points: Assawoman Wildlife Area **P** **H** **T** **S** Cannon Street Park **P** **H** **T** **S** Strawberry Landing **P** **H** **T** **S** Miller Creek **P** **H** **T** **S**  
 Length: 2.9 miles

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**LEGEND**

- Trail
- Trail access point
- Parking available
- Restrooms available
- Food and drink available
- Fees may apply



**PRIME HOOK ZONE**  
**TRAIL**  
 Prime Hook NWR Visitor Center to Foord's Landing

**BROADKILL RIVER ZONE**  
**TRAILS**  
 Milton to McCabe Preserve  
 Milton to Oyster Rocks  
 Oyster Rocks to Lewes Boat Ramp

**CAPE HENLOPEN ZONE**  
**TRAILS**  
 Lighthouse loop  
 Cape Henlopen State Park to Lewes Boat Ramp

**LEWES-REHOBOTH CANAL ZONE**  
**TRAILS**  
 Lewes Boat Ramp to Canalfont Park  
 Canalfont Park to Tower Road

**REHOBOTH BAY ZONE**  
**TRAILS**  
 New Road to Savages Ditch  
 Savages Ditch to Indian River Marina (Burton Island) Launch

**INDIAN RIVER ZONE**  
**TRAILS**  
 Holts Landing to James Farm Ecological Preserve  
 Holts Landing to Kent Avenue Launch

**LITTLE ASSAWOMAN BAY AND CANAL ZONE**  
**TRAILS**  
 Kent Avenue Launch to Strawberry Landing  
 Strawberry Landing to Fenwick Island State Park to Mulberry Landing  
 Fenwick Island State Park to Cannon Street Park  
 Miller Creek

**COASTAL DELAWARE PADDLING MAP**

PaddleCoastalDelaware.com

Welcome to the best paddles along the First State's coastal resort area. Whether you're a beginner or seasoned paddler, the 16 trips ranging from 1-10 miles will give you a taste of the unique landscape and natural beauty of coastal Delaware.

Designed by Lower Shore's most experienced paddlers, tourism professionals, and outdoor guides, the map offers a medley of sojourns through marsh, woodlands, bay, or ocean. Here, a kayak, canoe, or paddleboard can take you through a wonderland of terrapins, dolphins, ospreys, and even seals. Enjoy the spectacle at sunset over the marsh or sunrise over the beach. Options abound.

On the back you'll find detailed route maps with approximate distances and access points plus information on parking, fees, restaurants, and nearby dining for each trip.

Remember that in Delaware paddlers are required to have a PFD and a whistle with them when on the water. Keep abreast of wind, tides, and temperature. For updated details on launches, paddling safety, routes, providers, and partners go to PaddleCoastalDelaware.com.

From Prime Hook National Wildlife Refuge to the East End Lighthouse, to Lewes, Rehoboth, and Fenwick Island State Park, we hope you enjoy your time in our coastal paradise.



Trail access point

Trail access point - water access only, not for launching